

## Persistence Inventory<sup>1</sup>

Identify a purpose you are pursuing: \_\_\_\_\_

Based on your perception of yourself pursuing this purpose, indicate how OFTEN each statement describes you.

Using a 1-5 scale where 1 is rarely and 5 is most of the time, write the appropriate number of points in the corresponding column. Sum all the numbers to get your Persistence total points.

Consider now, the present—not yesterday or tomorrow. Don't over analyze. Check your initial reaction to the statement.

Purpose I am pursuing: _____	Rarely or Never	Seldom	Some- times	Freq- uently	Most or All of the Time
Number of points per response in this column	1	2	3	4	5
1. This purpose is clearly defined.					
2. I am committed 100% to this purpose.					
3. This purpose is dividable into smaller parts, and I am working work part by part.					
4. I easily focus my full attention on this purpose, or a sub-piece of it.					
5. I work hard at this purpose.					
6. I am maintaining integrity of effort in the pursuit through a disciplined approach.					
7. I receive ample positive feedback for my efforts.					
8. I am passionate about this purpose.					
9. Pursuing this purpose brings me the rewards I need.					
10. I have the support I need for pursuing this purpose.					
Total points =					

### Scoring

Points range from 10 to 50 and indicate your level of persistence. The higher the number, the higher your persistence level. What does the total score mean?

- 50-41 You are persistent in pursuing this purpose. Keep it up and continue to reap the real rewards of your efforts.
- 40-31 You have a solid foundation and many productive attributes. Some minor changes will help.
- 30-21 Your persistence needs strengthening. Consider where you need attention and take some action to bolster yourself.
- < 21 Oh dear! Consider what you can do to strengthen your persistence to a constructive level. Here is an immediate call to action. There is a lot of room for improvement.

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